## اقض على الجراثيم وحافظ على صحتك!

استخدام الصابون والماء الدافئ دائماً في غسل يديك







## www.kingcounty.gov/health

## **Stop Germs, Stay Healthy!**

- Wash hands often with soap and warm water
- Wash for 20 seconds, rinse well and dry
- Cover coughs and sneezes
- When sick, stay home

